

Aspire Job Description

Job Title:	CASUAL AEROBICS INSTRUCTOR	POSITION ID: CSA???
Entity:	ASPIRE DEFENCE SERVICES LIMITED (ADSL)	
Location:	Aldershot Garrison Sports Centre	
Reports to:	Sports Centre Manager	
Key Purpose of the Role:	<i>Deliver a professional service when operating the leisure facilities within Aldershot Garrison</i>	
Key Responsibilities:	<ul style="list-style-type: none"> • The provision of classes in the activity in which qualification is held with direction from the Sports Centre Manager. Supervision also provided by Duty Manager and Sports & Leisure Manager • Instruct/coach to nationally recognised or centre recognised standards in the activity in which qualification is held. • Stay fully conversant in the area of qualification through Governing or Guidance bodies to deliver up-to-date instruction. • Provide advice with regard to areas of qualification. • Maintain high standards of personal presentation and professionalism. • Setting up and clearing away of equipment, as required. • Checking equipment for wear, tear and faults. • Attend internal training sessions as required. • To carry out duties in a safe and proper manner both for yourself and the well being of others. To adhere to Aspire Health & Safety Codes of Practice and Regulations as appropriate. • To provide effective supervision of the fitness facilities including fitness suite balcony and classes during the centres operating hours, • Maintaining a high profile presence through interacting with clients, ensuring availability to assist gym users as required. • To ensure that clients are taught safe and effective exercise, through conducting gym inductions in accordance with the centres Standards & Procedures. • Planning and teaching of classes, master classes, courses and workshops where appropriate • Reporting of any maintenance issues to the relevant channel and recording the issues found in the maintenance folder • Setting up and clearing away of equipment, as required. 	

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- To undertake similar duties from time to time, outside the Centre grounds in other recreation areas.
- To assist in Duty Manager's tasks as requested.
- To carry out duties in a safe and proper manner both for yourself and the wellbeing of others. To adhere to Health & Safety Codes of Practice and Regulations as appropriate.
- To attend 1 x NPLQ Training Session Per Month to keep their qualification valid. Key activities and company or legal standards to be complied with.
- To assist your line manager to ensure the smooth running of the fitness classes offering suggestions for improvement where appropriate

Qualifications

Essential:

- An exercise to music instructor qualification

Desirable:

- Fitness Instructor Level 2 Qualification
- Fitness Instructor Level 2 Qualification

Experience & Knowledge:

Essential:

- Experience of Aerobics / Class Environment

Desirable:

- Excellent Communication Skills
- High Customer Service Levels

Skills:

- Communicates clearly and uses effective methods to deliver the message.
- Works effectively with others and maintains constructive relationships within the team, across the business and externally
- Commits to putting customers first and delivers high quality service that meets or exceeds expectations of both internal and external customers.

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- The commitment to Safety First – Always and the drive for continual improvement in this area
- Understands that ADSL has budgets and their importance for management
- Understands goals and standards expected of self, following ADSL's Values

Date: 01/02/20